Pediatric Emergency Assessment Recognition and Stabilization



The AHA's PEARS® Course has been updated to reflect science in the 2015 AHA Guidelines Update for CPR and ECC. This Instructor-led classroom course aims to improve outcomes for pediatric patients by teaching students to assess, recognize, and manage respiratory emergencies, shock, and cardiopulmonary arrest until the child or infant is transferred to an advanced life support provider.



GUIDELINES 2015 CPR & ECC

What is the AHA's Pediatric Emergency Assessment, Recognition, and Stabilization (PEARS) Provider Course?

A: The AHA's PEARS Course has been updated to reflect science in the 2015 AHA Guidelines Update for CPR and ECC.

This video-based, Instructor-led course helps healthcare providers develop the knowledge and skills needed for emergency evaluation and initial stabilization of seriously ill infants and children The PEARS Course teaches students how to recognize respiratory distress, shock, and cardiac arrest and provide appropriate lifesaving interventions within the initial minutes of response until the pediatric patient istransferred to an advanced life support provider.

Who is the target audience for the PEARS Course?

A: The AHA's PEARS Course is for healthcare providers and others who infrequently see critically ill infants and children. This audience could include:

- Physicians and nurses not specializing in pediatrics
- Nurse practitioners
- Physician assistants
- Emergency medical technicians
- Respiratory therapists
- Prehospital and in-hospital healthcare providers (outside of critical-care areas)
- Outpatient clinic staff
- School-based providers

What is the format of the PEARS Provider Course?

A: PEARS is a classroom-based, Instructor-led course. In the course, skills are taught in large-group sessions and small-group learning and testing stations where case-based scenarios are presented using the course video. The PEARS Course includes child and infant BLS skills practice and testing.